**1st Assignment**

**SWOT Analysis**

**1. What are the 3 phases of Guru Shishya Sambhandham, explain ?**

**2. What are the various unethical practices of Engineers, give some examples?**

**3. What are the 7 deadly Sins in the world?**

**4. Explain the importance of UHV for Engineering students?**

**5. What are the 6 qualities of an Engineering Student according to Rig Veda?**

**All the students of Universal Human Values of 4/1 semester, should maintain a long note book, and submit the above assignment on Thursday(18-7-2024) with out fail and cock and bull stories.**

**2nd Assignment:**

**Explain various types of Harmony in Human beings?**

**Reference: 17th PPT. Please do not ask ChatGpt.**

**3rd Assignment:**

**1. Self-exploration is a process of dialogue between ‘what you are’ and ‘what you really want to be’. Explain**

**and illustrate.**

**2. What is the content of self-exploration?**

**3. Explain the process of self-exploration with the help of a diagram.**

**4.What do you mean by your natural acceptance? Illustrate with examples. Is it invariant with time and**

**place?**

**5. What are pre-conditionings? What is their source?**

**Submit the 3rd assignment on Thursday.**

**4th Assignment**

1. Need for Value education to the engineering students? 2. Importance of Value Education?   
3. What is needed for living a fulfilling life?  
4. Explain the concepts of What to do and how to do it?  
5. How to Estimate The value of Human Being?  
6. Explain the need for Holistic Perspective?  
7. What are the basic questions we are facing regarding our program of living?   
8. Explain the evolution of beliefs with an example?   
9. What are the content of Value education to the human beings?  
10. Explain the guidelines for Value education?

**5th Assignment**

1. What are the basic requirements to fulfil human aspirations? Indicate their correct priority.

2. "Physical facilities are necessary and complete for animals, while they are necessary but not complete for humans." Comment.

3. Critically examine our state today in terms of fulfilment of relationships and physical facilities. What has gone wrong according to you? What is the solution?

4. What do the abbreviations given as SVDD, SSDD and SSSS signify? Explain the reason for the state SSDD?

5. "Right understanding + Relationship = Mutual fulfilment; Right understanding + Physical facilities = Mutual prosperity." Illustrate the above with two examples for each.

6. What is the program to fulfil the basic human aspirations? Name the different levels of human living?

7. What is the difference between 'animal consciousness' and 'human consciousness'? Explain with the help of a diagram.

**6th Assignment**1. "Human being is more than just the Body"- explain.

2. Distinguish between the needs of the Self and the needs of the Body.

3. What is the qualitative difference between the activities of the Self and those of the Body? Illustrate with one example.

4. What are the consequences of confusing between Sukh and Suvidha?

5. 'I' is a conscious unit while the Body is a material unit. Examine this statement.

6. Why are physical facilities required? What do you mean by right utilization of the Body?

7. "I am the seer, doer and enjoyer. The body is my instrument"- explain.

**7th Assignment**

1. Why is it important to study yourself? How does it help in your day-to-day life?

2. Explain the activities of imaging, analyzing and selecting/tasting with a diagram. With the help of an example, show how are they related.

3. Are the activities in ‘I’ continuous or temporary? Justify your answer.

4. “The problem today is that the desires, thoughts and expectations are largely set by pre-conditionings or sensations” - examine this statement.

5. How do we go into conflicts when our activities are not guided by our natural acceptance?

6. What are the problems that we are facing today because of operating on the basis of pre-conditioned desires?

7. “The pleasures that we derive from sensations are short lived and the efforts to extend them lead to misery” -examine and illustrate this statement with an example.

8. What is the difference between Svatantratã and Partantratã? What is the program to become Svatantra? Relate this with your own experience.

9. Explain the activities of realization and understanding. How do they lead to harmony in the activities of ‘I’? Illustrate with an example.

10. How does realization and understanding lead to definiteness of human conduct?

**8th Assignment**

1. In what way can we say that the human body is a self-organized unit?

2. Define Sanyama and Svãsthya. How are the two related?

3. What is our present attitude towards the Body? What are its consequences?

4. What are the programs to take care of the body? Explain.

5. “The state of harmony or lack of it in the Self has a strong influence on the health of the Body” - comment on this statement and illustrate with an example.

6. How does the feeling of Sanyama facilitate the correct appraisal of our physical needs?

7. Suggest any two programs that you can undertake to improve the health of your body.

**8th Assignment**

1. “Family is a natural laboratory to understand human relationships” – elaborate.

2. “Relationship IS, and it exists between one ‘jeevan’ & the other ‘jeevan’.”

3. Examine this statement. What is ‘justice’? What are its four elements? Is it a continuous or a temporary need?

4. What is the outcome when we try to identify relationships based on the exchange of physical facilities?

5.List down the values in human relationship. Define trust. Illustrate the feeling of trust with one example.

6. Differentiate between intention and competence. How do we come to confuse between the two?

7. “When we are assured of the intention of the other and find that the competence is lacking, we become a help to the other.

8. When we doubt the intention of the other, we get into opposition.”

9. Explain. “If I trust everyone, people would take undue advantage of me.” Do you agree? Explain.

10. How is ‘trust’ the foundation value of relationships?

11. What is the basis of ‘respect’ for a human being? Do you see that the other human being is also similar to you? Explain.

12. How do we differentiate in relationships on the basis of body, physical facilities or beliefs? What problems do we face because of such differentiation?

13. Define ‘affection’. How does affection lead to harmony in the family? What is the role of physical facilities in the fulfilment of this feeling?

14. Differentiate between competition and acquiring excellence with the help of one example.

15. Explain the feelings of ‘care’ and ‘guidance’, ‘glory’, ‘reverence’ and ‘gratitude’.

16. Define ‘love’. How can you say that the love is the complete value?

17. What can be the basis of an undivided society - the ‘world family’?

**9th Assignment**

1. Right understanding in the individuals is the basis for harmony in the family, which is the building block for harmony in the society. Give your comments.

2. What is the comprehensive human goal? Explain how this is conducive to sustainable happiness and prosperity for all.

3. Critically examine the state of the society today in context with the fulfilment of comprehensive human goal.

4. What are the five dimensions of human endeavour in society conducive to 'mãnaviya vyavasthã'? Explain. What is the meaning of education and sanskãra?

5. How does sanskãra follow education? Write a short note on the concept of 'surakshã'.

6. What is Ãvartansïla process of production? Explain with two examples.

7. Ãvartansïlatã ? Explain, giving examples, how pollution and resource depletion are both the direct outcomes of ignoring

8. How can exchange of physical goods be mutually fulfilling?

9. Evaluate the motivation of exchange in today's scenario.

10. Why is storage required in a society? Suggest any two ways in which you can store the produce for right utilization in the future.

11. What in your opinion, is an effecting way of ensuring prosperity in the family? What programs can you undertake in this respect?

12. Indicate a few feasible steps to promote harmony in the society and co-existence with nature.

13. What do you mean by 'universal human order'? What could be your role in moving towards it?

**10th Assignment**

1. What exactly is implied by the term - 'nature'? Explain.

2.What are the four orders in nature? Briefly explain them.

3. What do you mean by mutual fulfilment in nature? Cite a few examples.

4. "Other than human order, the three orders are mutually fulfilling to each other." Explain with examples. Why does human order fail to be mutually fulfilling to itself and to the other orders?

5. Write a short note on the recyclability and self-regulation in nature.

6. What do you mean by 'innateness'? What is the innateness in the four orders?

7.What is the Svabhãva (natural characteristic) of a unit? Elaborate on the Svabhãva of a human order.

8. Explain the activities in the four orders of nature. How are the activities in the human order qualitatively different from those of other three orders?

9.What do you mean by 'conformance'? Explain the conformance in the four orders.

10. Suggest ways to enhance the fulfilment of human order with the other three orders. Mention any two programs you can undertake in light of the above.